

### **Pre Operative Instructions for All Patients**

All minors (under the age of 18) must be accompanied by a legal guardian.

Please arrive 15 minutes prior to appointment time to finalize paperwork.

If you have an illness such as a cold, sore throat, stomach, or bowel upset, please notify the office immediately.

Take your usual morning medications, unless otherwise directed by your doctor, at least two hours before surgery with a small sip of water

Please wear loose-fitting short sleeve shirt and comfortable clothing.

Please wear flat-soled shoes (no high heels/sandals)

Please brush your teeth and rinse thoroughly before surgery

Alcoholic beverages and smoking must be avoided 24 hours before surgery.